





### Families of Color Seattle

# ANNUAL REPORT



focseattle.org



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### A MESSAGE FROM FOCS LEADERS

Executive Director, Christine Tang Board President, Kendra Aguilar

Miiyuyam, Dear FOCS Fam!

Thank you for making 2022 another remarkable year for our BIPOC families in the Seattle Area! We are amazed by what we have seen our communities achieve in the past year. While Covid-19 continued to magnify and expose systemic inequities, we at FOCS offered our families a culturally responsive space for community dialogue to address vaccine hesitancy. And the first time since the Mach 2020 Stay Home Stay Safe order, we hosted quite a few in-person events throughout the greater Seattle area, including FOCS Park Summer Days where we reconnected while our kids played games, explored, and benefitted from the knowledge and gifts of artists and teachers of color.

2022 was also a year of intentional and measured growth for FOCS. We stretched our work beyond direct services to include advocacy, policy work, and more meaningful community engagement. Our strategic plan reflects the goals of a more mature organization that continues to evolve in response to community needs and strives to deepen our connections to these lands and relationships with the first peoples who have belonged to them since time immemorial. We invite you all to learn more about the advancement of our programs, and our commitment to racial justice advocacy.

These accomplishments were a collective effort and belong to all of us. We thank all who have contributed to our sustainable evolution. Thank you to our hosts, the land and first nations peoples, for their hospitality and generosity. Thank you to all of our funders, donors, staff, board directors, and community partners for supporting our critical efforts to serve BIPOC families and amplify their voices. And our deepest gratitude to all the families who put their trust in our organization to support them through their culturally grounded and antiracist parenting journeys. You ARE FOCS, and FOCS is you - the pursuit of a racially just society is a collective effort!

In 2023 we have many reasons to celebrate and we will provide many more opportunities for you to engage with us, in person and online.

We are honored to be in community with you all!

Nosun Looviq, Kendra Aguillar, FOCS Board President Christine Tang, FOCS Executive Director

# **FOCS MISSION**

Families of Color Seattle (FOCS) connects families, caregivers, and children of color through peer-led parent support groups; spaces to share culture, skills, and resources; and racial justice education and advocacy.

### **FOCS** Vision

Children of color are born into a loving community that is racially and economically just.



### **FOCS** Values

- The wisdom, experience, and leadership of mothers of color
- Centering
  Families of Color
- Gender-inclusive mothering and parenting
- Anti-Racism
- Intersectionality
- Continuous
  Learning
- Cross-racial and cultural solidarity

### ☆ 2022 GLOWS

#### FOCS held 24 free virtual parent groups and served 169 families of color!

Our core Newborn and Waddler parent groups filled EVERY quarter. In addition, we responded to community requests for the expansion of our groups and added a new Affinity Group specific to Pacific Islander and Asian Parents. This group was filled in the last quarter. We increased our social media audience on Facebook and Instagram, reaching more families of color than ever before!

FOCS has over 3,893 members in our Facebook Community Group, 302 new members added in 2022 alone! Instagram has 345 new followers and saw an increase in engagement by 64% since we began sharing BIPOC communitycentered events in our stories.

#### We brought 384 Families together through our family programming!

We connected families with local BIPOC artists and experts by supporting Black Maternal Health Week in person and virtual programming, held a virtual community check-in, hosted four in-person Park Days throughout the Seattle area, moderated a Virtual COVID Vaccine Teach-in, and tabled at Taking B(I)ack Pride and the Open Arms Summer Resource Fair. We advocated for systems change by helping a wide range of participants navigate difficult conversations around racism so they can effectively work together to create change.

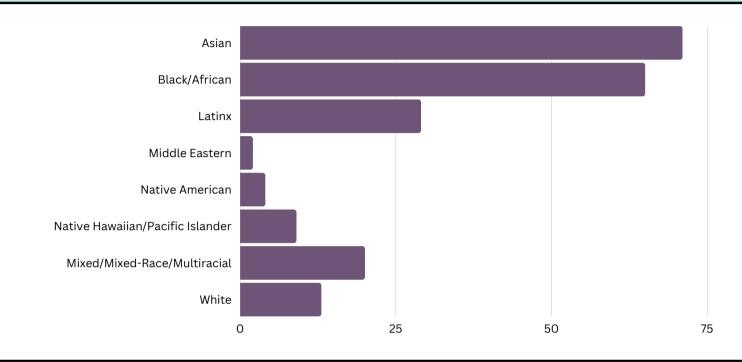
FOCS hosted 15 Workshops for Parents, Teachers, and Workers Workshops on topics such as Undoing Racism and Teaching Equity to our Children and Positive Racial Identity and Identifying Microaggressions. FOCS also facilitated an EmbraceRace webinar and a PTA meeting on racial equity.



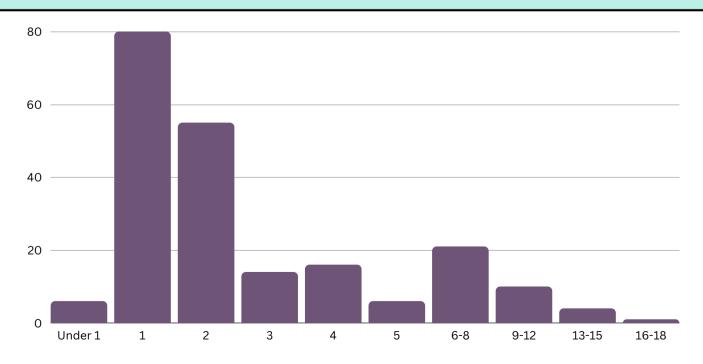


### **FOCS Demographics**

**Race & Ethnicity of Parents and Caregivers:** Based on self-reported data from 2022 parent group registration. Numbers total more than actual participants because they may select multiple options including identifying as Mixed/Mixed-Race/Multiracial.



**Children's Ages:** The ages of children vary based on Affinity Groups offered in a given year. This data does not reflect the ages of children who participated in FOCS programming outside of Parent Groups.

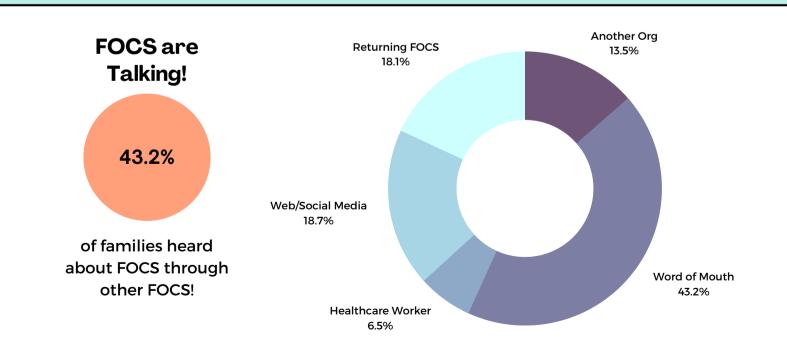


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**Where do FOCS families live?** All FOCS Parent Groups were virtual in 2022, families represented King, Snohomish, Pierce and Thurston counties.

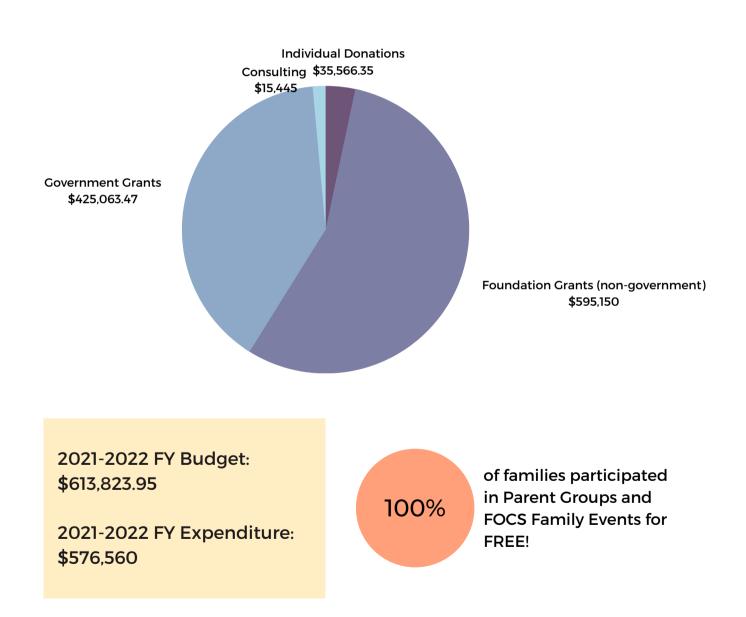


#### How did FOCS families hear about us?



# **FOCS Financial Report**

#### Thank you to our 132 Individual donors!



# **WORDS FROM FOCS**

family : e made a \$100 : made a \$50 donation \$50 about 15 ho Thank you for the work you \$100 I'm so grateful for all the love do for our region's kids and FOCS is constantly pouring families, as well as for the way into BIPOC families. Thank you also invest in your FOCS team and the larger community. O Love Comment D Share you! Thank you to FOCS for supporting my mixed race family during the beginning of pandemic when most new parents were experiencing more new extremely challenging COVID related firsts than necessary. The newborn and waddler groups saved our sanity. Thank you FOR SUPPORTING FOCS "It's such a relief to have a standing time to relate to other families who understand the experience of raising children of color with disabilities. This group is a rare space where I can talk to and learn from other parents who are 'in it' without having to add explanations of common experiences amongst people of color. It's been especially helpful that the group has been thoughtfully facilitated by the parent of a child of color

- Parents of Children with Disabilities Group Participant, 2022

with a disability. This is the only group I consistently have looked

forward to each week."

### **WORDS FROM FOCS**



"I loved that the group was a safe space for everyone to share and that it was held up through the entire meeting time."

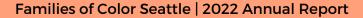
-Parent Group Participant, 2022

"To have an organization that is focused on families of color, and supporting them has been invaluable. To provide a safe space for families to understand and process their own race histories and traumas in order to be more present and available to raise our children is an incredible goal to have, and they do it so well. By healing our grown ups, our children can grow up without the baggage we've all been carrying for generations.

#### FOCS PEER GROUP FACILITATOR, 2022

"I am walking away with some concrete strategies to interrupt microaggressions... I found the asking questions (A in ACTION) to be very effective and also doable in the moment when I might be stunned or not have the words. I also really appreciated the structure of the workshop. It was the right amount of info mixed with the opportunity to practice."

- Workshop Participant at South Seattle College Parent Education Program



# **FOCS STRATEGIC PLAN**

FOCS Board approved a Strategic Plan for 2022- 2024. With your continued support we can reach our strategic plan goals in 2023 and beyond.

See the full Strategic Plan Executive Summary at: https://www.focseattle.org/reports

#### GOAL: Offer a wider range of Parent Groups outside of Seattle

Parent groups are currently grouped by the child's age, geography, and affinities. Our goal is to offer a wide array of groups, including groups outside of the Seattle area, groups for older children, employer-sponsored groups, and groups organized around children's areas of interest (e.g., sports, music, dance/art, language, etc.).

#### GOAL: Empower families to lead programming in alignment with advocacy agendas

FOCS-led family programs are offered based on parent-group interests. We hope to empower FOCS families to lead family programming in deeper alignment with advocacy agendas.

#### GOAL:

Broaden Advocacy Education and increase community collaboration FOCS consulting workshops educate, inform, and encourage system change. We will broaden our learning around advocacy and policy/systems change work and advocate for issues important to families of color by developing formal partnerships with organizations aligned with our interests and values.

- An increased sense of self, pride, wellness, and health
- Increased knowledge, resource access, and ability to advocate for their children and family

OUTCOMES: We intend to achieve the following programmatic outcomes for our families:

- Meaningful connections to nourish and nurture cultural legacies within their own families, as well as their larger "village" community
- Increased dialogue, connections, partnership, and advocacy around intersectional racial equity
- An increased presence of the voices of families of color around policies and system issues to achieve equitable outcomes within Education, Health, and other systems
- Families of color feel supported to use their voice to make change

### THANK YOU TO OUR 2022 INDIVIDUAL DONORS!

Alessandra Pollock Alexia Clayborne Allison Parker Amanda Gudmunson Amv Gradzewicz-Kuan Andrew & Amy Liu Andrea Alegrett Angelie Chong Anjali Da Victoria Lobo Ann Kim Novakowski Anna Shope Antionette Williams Brianna R Jensen Carol Zizzo Caroline Kangas Caroline Koplowitz Carolyn Kim Christine Domingo Christine Laffer **Christine Stepherson** Christine Tang **Claire Thornton** Claudine Kim-Murphy Cristina Betancourt **Cynthia Bolton David Spataro** Dawn Rego-Yee Derek Huang Diana M Johns **Donald Billen** Dorothy Lemoult Edward Krigsman Elena Lynch Elisabeth Rosapepe Elise Bodell Elizabeth Jose

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### **THANK YOU TO OUR FUNDERS & PARTNERS**



















St. Joseph Community Partnership Fund

### THE NORCLIFFE FOUNDATION



**NOMEN'S** 

**Satterberg** foundation







# THE FOCS TEAM

#### FOCS Staff

Christine Tang, Executive Director Shawn Koyano, Program Director Sarah Kim Park, Development Director Steph Ikeda, Operations Manager Bo Leong, Parent Group Manager Norma Gonzalez, Communications Manager Abbie Altamirano, Community Engagement & Advocacy Manager Hafidha Acuay, Events Manager & Program Coordinator

#### FOCS Board

Kendra L Aguilar, Board President Latima Charbonneau, Vice President Paige Speir, Treasurer Maria Cristina Limlingan, Secretary Asiya Bari, Director, Director Jennifer M Lobsenz, Director Bethany Doran, Director Alexia Clayborne, Director Anthony Gasero, UW MBA Student, Fellow Bob Agiro, UW MBA Student, Fellow

### Peer Group Facilitators

Amanda Williams Betty Peralta Bo Leong Briton Wilmarth Fatima Attia Gloria Okada Jami Bess Kael Zayas Menzeba Hasati Nicole Nishimura Robin Chin Roemer Shawnti Johnson Shayla Collins Xenia Choy



#### CONTACT US

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